

## PREGNANCY

### WOMEN HEALTH INDICATORS

Blood sugar & BP

WH 4 : Health Indicators Blood sugar, Hypertension

#### India Key Indicators- Health Indicators | Blood Sugar & Hypertension

Indicators	NFHS-5 (2019-21)			NFHS-4 (2015-16)
	Jrban	Rural	Total	Total
<b>Blood Sugar Level among Adults (age 15 years and above)</b>				
<b>Women</b>				
99. Blood sugar level - high (141-160 mg/dl) <sup>23</sup> (%)	6.7	5.9	6.1	na
100. Blood sugar level - very high (>160 mg/dl) <sup>23</sup> (%)	8	5.5	6.3	na
<b>101. Blood sugar level - high or very high (&gt;140 mg/dl) or taking medicine to control blood sugar level<sup>23</sup> (%)</b>	16.3	12.3	13.5	na
<b>Hypertension among Adults (age 15 years and above)</b>				
<b>Women</b>				
105. Mildly elevated blood pressure (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg) (%)	13.6	11.9	12.4	na
106. Moderately or severely elevated blood pressure (Systolic ≥160 mm of Hg and/or Diastolic ≥100 mm of Hg) (%)	5.2	5.2	5.2	na
<b>107. Elevated blood pressure (Systolic ≥140 mm of Hg and/or Diastolic ≥90 mm of Hg) or taking medicine to control blood pressure (%)</b>	23.6	20.2	21.3	na

<sup>23</sup>Random blood sugar measurement.

Source : National Family Health Survey - 5, India Fact sheet 2019-21

Ministry of Health and Family Welfare, Government of India, designated the International Institute for Population Sciences, Mumbai, as nodal agency to conduct NFHS-5.